

"Thanks for the opportunity to learn so much about myself and hypnotherapy. I would just like to say how much I enjoyed the course. It was a learning experience and so much more. I was made to feel very important, and you both went above and beyond to make sure I was confident in my work and personal life. This is not just a course, but a real learning curve about the way to look at life and each other. I look forward to a new and positive future. I wanted you to know I put my first client in a trance today just to see if I could do it. Wow I did, first time, stuck his hands together!"

K. Mew, Acupuncturist.



UK HYPNOTHERAPY TRAINING COLLEGE

Hypnotherapy Diploma

This course provides professional, cutting edge training which will enable you to bring out the best in yourself and others. In addition, your qualification and tools will enable you to generate rewarding business and career success for yourself while empowering others around you.

The Hypnotherapy Diploma is a 5 day intensive course that will give you the knowledge and skills required to be a confident hypnotist and competent hypnotherapist.

It is a practical course. You will be hypnotising others by lunchtime on the first day and from then on will learn our approach to change. All UKHTC trainers are experienced full time hypnotherapists. We only teach the techniques we use in the therapy room.

Our approach is geared toward rapid solution orientated therapy. This means that unlike counseling or analysis there is minimum history taking and analysis. Instead UKHTC trained hypnotherapists deal directly with the unconscious patterns that govern behaviour using demonstrable hypnosis.

In short this course will give you the ability to swiftly change the way people think, feel and behave. Primarily we use this for brief therapy - removing habits and fears, achieving physical, emotional and other life goals. However its applications are just as relevant in the sales training seminar, hospital delivery room or sports field as they are in therapy.



"Thank you so much for everything. I learnt so much and had a brilliant time on the course last week, even if it was quite emotional in parts. I actually hypnotised my first person last night. It all went really well and he was definitely in a deep trance. The buzz afterwards was amazing. He said I was really professional and would recommend me to his friends. I can't wait to get on to the next person now."

J. Carnaby, PR Consultant

"I recommend this course good fun, thorough, practical."

K. Sheldrake, IT Security

How will you learn?

We all have preferred ways of learning. With UKHTC you will find the presentation of training material deliberately varied so that it appeals to different learning styles. A combination of trainer input, discussion, demonstration and practical exercises is supported by comprehensive training manuals CD's and DVD's. This ensures that all learning styles are catered for. There is an emphasis on real world practical skills. We only teach techniques that we use in the hypnotherapy practice.

By lunchtime on the first day you will be 'The Hypnotist'. In a warm friendly learning environment you will have the chance to learn skills that will stay with you for the rest of your life. You will be able to demonstrate and use the amazing results of deep trance states entertainingly, informatively and most importantly, safely.

- Supervised and intensive training.
- Skilled and experienced trainers.
- Practical hands on experience.
- Intensive training in a small group.
- Clear, comprehensive training manual.
- Techniques backed up with CD's and DVD's.

You will gain:

- Get a solid understanding of what exactly hypnosis is and how it works.
- Cutting edge techniques for facilitating permanent change in your clients and/or colleagues.
- Rapid hypnotic inductions including The Handshake and Power Lift.
- Progressive and group hypnotic inductions.
- Ideomotor and direct communication techniques.
- Resource anchoring and emotional state control.
- The skills needed to influence others using your voice and body language.
- A fresh perspective on human behaviour, psychology and emotional state management.
- The power to change unwanted habits into effective new behaviour.
- Interventions for eliminating phobias and fears in minutes.
- Anxiety, anger and stress-management techniques that work fast.
- Advanced language patterns for creating change conversationally.

PLUS

Receive national certification*
Qualify for membership of the UK Hypnotherapy Association
Ongoing mentor support and access to free training days

*Upon successful completion of the course