



J. Proctor, Lawyer

"I believe everyone interested in hypnosis should do this course as it gives an invaluable insight to the "art" and the people behind your Company. I was impressed with the content and the enthusiasm with which it was imparted to us. By the way, I did get to practice on some Americans just for the hell of it, nothing serious so a bit of a laugh for all concerned, hands stuck to tables and so forth. I also got to put the handshake induction into it and was stunned when it worked first time out. Very impressed were my new friends!"

UKHTC's Hypnosis Workshop

The two day Hypnosis workshop will teach you what hypnosis is and how to use it safely and confidently.

Your interest may be personal enhancement and development, helping others, starting a new or better career, improving your existing skills or just having fun and satisfying your interest in this fascinating art. Whatever your reason you will find much of interest and practical value on the UKHTC Hypnosis Workshop.

We believe that our methods of inducing and using hypnosis are among the most effective available. We teach in a dynamic and simplified way and we use hypnosis itself to aid retention and accelerate your learning. All UKHTC trainers are full time practicing hypnotists. We teach you what works for us in the real world.

By the end of the workshop you will have hypnotised individuals and groups and feel confident in your abilities to do so in the future. You will be able to demonstrate your skills anytime and anywhere be it for fun, influence or profit. The benefit to you is simple. You will have skills to give you the edge in many personal and professional situations for the rest of your life.



"My effectiveness as a hypnotherapist has gone through the roof since doing the course. I wish I had done it years ago. The emphasis on keeping the approach to hypnosis simple and direct has enabled me to finally shed years of bloated and overcomplicated techniques. Never again will I wonder if my clients are hypnotised – I now show them they are and then get on with my work."

S. Parkinson, Hypnotherapist

How will you learn?

We all have preferred ways of learning. With UKHTC you will find the presentation of training material deliberately varied so that it appeals to different learning styles. A combination of trainer input, discussion, demonstration and practical exercises is supported by comprehensive training manuals CD's and DVD's. This ensures that all learning styles are catered for. There is an emphasis on real world practical skills.

By lunchtime on the first day you will be 'The Hypnotist'. In a warm friendly learning environment you will have the chance to learn skills that will stay with you for the rest of your life. You will be able to demonstrate and use the amazing results of deep trance states entertainingly, informatively and most importantly, safely.

What you can expect?

- Supervised and intensive training.
- Skilled and experienced trainers.
- Practical hands on experience.
- Intensive training in a small group.
- Clear, comprehensive training manual.
- Core techniques backed up on DVD.

You will gain:

- Get a solid understanding of what exactly hypnosis is and how it works.
- Learn how to hypnotise people effectively and safely.
- Numerous rapid inductions and progressive approaches.
- The confidence to use rapid and effective techniques in any situation.
- Observation skills that will allow you to read and lead people.
- The ability to relax yourself and others deeply in minutes.
- The skills needed to influence others using your voice and body language.
- A fresh perspective on human behaviour, psychology and emotional state management.
- How to use hypnosis in everyday life.
- Discover how to use instant self-hypnosis for personal development.
- Anxiety, anger and stress-management techniques that work fast.
- Witness the PRISM rapid phobia cure in action.
- Learn how to have fun with hypnosis.

PLUS

Anyone who attends the Hypnosis Workshop and later decides to train with UKHTC for the Professional Diploma in Hypnotherapy will have the cost of the Workshop discounted from the full cost of the Diploma course.